



St. Anthony Catholic Church

971 O'Hara Avenue, Oakley, CA 94561-5785

(925) 625-2048 Fax: (925) 625-4433

www.stanthonyoakley.com

Welcome / Bienvenidos

Jesus summoned the Twelve
and began to send them out two by two
and gave them authority over unclean spirits.

MARK 6:7



Fifteenth Sunday
in Ordinary Time

JULY 11, 2021

Parish Office/Oficina Parroquial

(925) 625-2048 Fax: (925) 625-4433

Monday, Wednesday, Friday

(Lunes, Miércoles, Viernes)

9AM to 12PM and 1PM to 6PM

CONFESSION / CONFESION

Saturday: 3:30PM to 4:30PM or by appointment

Monday: After the 6:30PM Mass

MASS SCHEDULE / HORARIO DE MISAS

Daily: 8:30AM Bilingual in the Church

Daily Mon & Wed: 6:30PM Español en la Iglesia

Daily Tue & Thu: 6:30PM English in the Church

Daily Fri: 6:30PM Bilingual in the Church

Saturday: 5:00PM English in the Church

Sunday: 8:00AM English in the Church

Sunday: 10:00AM English in the Plaza & Live Stream

Sunday: 12:00PM Español en la Plaza & Live Stream

Sunday: 2:00PM Español en la Iglesia

Sunday: 5:00PM Español en la Iglesia

Live Stream Mass

Sunday Mass at 10AM (English) and 12PM (Español) will be Live Streamed. Come to the Plaza between Padua Hall and the Church to receive Holy Communion at 1:30PM to 1:45PM. Observe social distancing and face mask guidelines.

DEVOTIONS

SUSPENDED UNTIL FURTHER NOTICE

EXPOSITION OF THE BLESSED SACRAMENT

Monday through Friday: 9:30AM to 6:30PM in the Church

Monday: 7PM to 9PM in the Church

Friday: 7PM to 11PM in the Church

HOLY CROSS CEMETERY AND FUNERAL CENTER

2200 East 18th Street, Antioch, (925) 757-0658

We recommend using Catholic Funeral and Cemetery Services (CFCS) at Holy Cross Cemetery and Funeral Center. Their staff will contact the parish office to assist you with your arrangements.

Email and Text Scam Involving Priests

Please be aware of ongoing phishing scams involving emails and texts purportedly from priests or parish/Chancery staff asking for cash or gifts cards. This is not how priests, parishes or the Diocese of Oakland seeks financial assistance for our work. If you receive an email or text from church personnel asking for assistance, confirm by calling that person and do not respond to the email or text.

Giving Made Simple

Please continue to offer your support to St. Anthony with your monetary gifts. These gifts allow us to pay our bills. Please continue giving to the Sunday collection basket by using GIVE+; the online way of giving. Visit our St. Anthony website, on the "Home Page" click "Online Giving"; you may register there and make your gift. Or you may drop your Sunday envelope in the basket at Mass or the U.S. Mailbox in the front by the Church entrance. You decide how to give, but please continue to give.

PASTORAL and OFFICE STAFF

Fr. Rafael Hinojosa, *Parochial Administrator*

Fr. Mac Lingo, *Parochial Vicar*

Deacon Alberto Cruz

Deacon Emeritus Joe Tovar

Deacon Emeritus Alan Layden

Parish Secretary, Carolina Jauregui, 625-9214

Parish Bookkeeper, Celeste Plate

FAITH FORMATION COORDINATORS

Call the Parish Office, (925) 625-2048 for more program information or to register.

Baptism, Carolina Jauregui

CCD (English), Natalie Earley

CCD (Español), Belen Capilla

Youth Confirmation, Emma Arcayena

Adult Confirmation, Jaime Jauregui

Rite of Christian Initiation

For Adults (English), Michael Maeda

For Adults (Español), Esperanza Vega

For Children, Monica Cardoza

Special Religious Development (SPRED), John Dixon

Help Beautify the Sanctuary with Flowers

Donate flowers to decorate our Sanctuary. Call the church office at (925) 625-2048 for more information.

Virtus Safe Environment Training

Is your certificate up to date? We are required to renew our certification every three years. This is a MUST to continue in your ministerial work here. Start now at www.virtusonline.org Call Florrie Brice at (925) 354-0107 or the parish office with questions.

Special Event Approval

Please note if your ministry is planning a special event, there is now a new form to submit for event approval. Forms are in the parish office. For more information contact Julian Escamilla at jeemej@comcast.net

Clergy Sexual Abuse

Any reports of abuse should be directed to the Office of the Chancellor, at (510) 267-8334.

Submissions to the Sunday Bulletin

Deadline by noon on Monday, six (6) days prior to the desired Sunday of publication. Send files to stanthonybulletineditor@gmail.com or call Michael Maeda, (925) 451-6883.

FORMED.org — An Online Faith Website

St. Anthony is a subscriber of FORMED.org

Select "St. Anthony Oakley, CA"

Second Collection Schedule

July 11 Padua Hall Maintenance

July 18 Grounds Maintenance

July 11, 2021
Fifteenth Sunday in Ordinary Time

GOD CHOSE US

Who chose first, God or you? That is the question explored in today's three readings. The second reading, from Paul's Letter to the Ephesians, reads almost like a hymn. It praises God for choosing us, for calling us to serve, and for blessing us in our service. Paul makes it clear how honored we are and how special is the call to live as children of God. This is through no doing of our own.

The first reading and the Gospel use prose rather than poetry to describe the same truth: God did the choosing, not us. When the prophet Amos was berated for being a prophet, he retorted that the whole thing wasn't his idea in the first place. Neither did the twelve apostles in today's Gospel ask for their calling. Jesus sent them forth, two by two, to do the work of his kingdom.

Copyright © J. S. Paluch Co.

TODAY'S READINGS

First Reading — Amos said, "The Lord took me from following the flock, and said to me, Go, prophesy to my people" (Amos 7:12-15).

Psalms — Lord, let us see your kindness, and grant us your salvation (Psalm 85).

Second Reading — The God and Father of our Lord Jesus Christ has blessed us in Christ with every spiritual blessing (Ephesians 1:3-14 [3-10]).

Gospel — Jesus summoned the Twelve and began to send them out two by two (Mark 6:7-13).

The English translation of the Psalm Responses from the Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

*Truth shall spring out of the earth,
and justice shall look down from heaven.*

— Psalm 85:12

Bishop's Appeal: "Rebuild My Church"

As of 30 April 2021, St. Anthony is at **46.35%** of our \$21,100 goal. This year has been challenging for so many. Now, more than ever, the good work of the Church is needed in our community. From Faith Formation for students and adults, to important ministry works, to supporting our schools and parishes, our Diocese is making a difference in people's lives every single day — thanks to the prayers and contributions of our catholic community. Make your pledge or donation at:

www.oakdiocese.org/bishops-appeal-donation-page

Submissions to St. Anthony Website

ALL church organizations are invited to share their upcoming events or news about their group on our website. Send your info to caruchina15@hotmail.com or call Carolina Jauregui at the Parish Office.

Mass Intentions For The Week

Saturday, July 10

5:00PM Anna, Joseph Jr., Joseph Sr. Nguyen✠

Sunday, July 11

8AM Anna, Joseph Jr., Joseph Sr. Nguyen✠

10AM For the People

12PM Bersabe Anaya✠

Daleyza Magaña (✠Birthday✠)

2PM Margarita Campos✠

Maria Lopez Patino (Thanksgiving)

5PM Marcelina y Jose Sanchez✠

Berta Melgoza (Salud)

Monday, July 12

8:30AM John Bariuan✠

Jose Angel Luna (✠Birthday✠)

6:30PM Victorio Antonio✠

Tuesday, July 13

8:30AM For Homeless People

6:30PM Candice, Violeta & Domingo Ting✠

Wednesday, July 14

8:30AM Jose Suarez✠

Ronald Suruin (Thanksgiving)

6:30PM Fernando Colunga✠

Thursday, July 15

8:30AM Enrique Madrigal✠

6:30PM Leopoldo, Cesar and Vicente Rubinos✠

Friday, July 16

8:30AM Maria Luisa Suarez Barbosa✠

6:30PM ✠

Saturday, July 17

5:00PM Alejandro Salazar Mijangos✠

Edward and Josefina Diaz

(22nd Wedding Anniversary)

Sunday, July 18

8AM For the Community of St. Anthony

10AM

12PM Andres, Maria, Dolores y Claudia Martin✠

Francisco Marin (✠Birthday✠)

2PM Ana Maria y Edmundo Amescua✠

5PM Por las almas del Purgatorio

Maria de Jesus Marquez y familia (Saldu)

Restoration of the Obligation to Attend Mass

The lifting of the dispensation from the Sunday Mass Obligation will come into force on Sunday, August 15th, the Solemnity of the Assumption. August 15th will be the first day that we will no longer have outdoor Masses, nor livestream and no distribution of Holy Communion outside of Mass.

Daily Rosary

Livestreamed Only at 6:30PM. Monday, Wednesday and Friday in English. Tuesday and Saturday in Spanish. Sunday before 10AM and 12PM Mass.

Support the Businesses and Merchants

whose advertisements make this bulletin possible.

Schedule of Events Horario de Eventos

All Parish events have been suspended, canceled or postponed by Bishop Barber as we are ordered to “Shelter in Place” to curb the spread of the novel coronavirus COVID-19. This Order will continue to be in effect until it is extended, rescinded, superseded, or amended in writing by the Health Officer by Order of the Contra Costa County Public Health Officer.

Convalidation

This program is designed for those couples who are married civilly and now wish to marry in the Church. Some couples, because of differences in religious background or, a sense of distance from the Church at the time of their marriage, or due to complicating family situations, were married civilly or in some other manner that did not meet the Catholic Church’s legal requirements for a valid church marriage. If you need more information about this program call the Parish Office (925) 625-2048 and ask to speak with a priest.

Adult Faith Formation Classes

If you are over 18 years old and need one or more Sacraments of Initiation: Baptism, First Communion or Confirmation; please call the Parish Office (925) 625-2048 to receive more information and to put you on a sign-up list.

DIOCESE COVID-19 VACCINATION POLICY

We are living our Catholic faith in the midst of one of the greatest global health crises in recent times. Therefore, the Diocese of Oakland strongly recommends all clergy, employees and volunteers to get COVID-19 vaccinations as soon as possible. Beyond protecting their own health and safety, Catholics also have an obligation to protect their family, friends, co-workers and community by vaccinating as soon as feasible. One should consult with their doctor concerning any personal health concerns.

St. Vincent de Paul (SVdP) St. Anthony Conference

If you need assistance, would like to volunteer or donate, contact the St. Vincent de Paul St. Anthony Conference at 925-325-7424. St. Vincent de Paul provides various forms of assistance which may include food, clothes, furniture, housing assistance, and referrals to other professional agencies.

St. Vincent de Paul Food Pantry

Open on the 2nd and 4th Saturday from 8:30AM to 10AM in the Parish Hall. If you need food outside of these dates call (925) 325-7424.



St. Anthony pray for us.

BISHOP CALLS CATHOLICS “HOME” TO EUCHARIST

In a pastoral letter dated June 29, the Solemnity of St. Peter and Paul, Bishop Barber writes, “When people ask, ‘Why should we go to Mass?’ I answer, ‘Because Jesus is waiting for you there in the Church, and He wants to be with you—right there—in the Holy Eucharist.’ It is about a personal encounter with Jesus that we have as individuals AND as a community, in the celebration of the Mass.”

HOW COULD ANYONE STAY AWAY? A RETURN TO THE EUCHARIST

BISHOP MICHAEL C. BARBER, S.J.

JUNE 29, 2021

“How I have longed to celebrate this Passover with you” (Luke 22:15). When people ask, “Why should we go to Mass?” I answer, “Because Jesus is waiting for you there in the Church, and He wants to be with you — right there — in the Holy Eucharist.” It is about a personal encounter with Jesus that we have as individuals AND as a community, in the celebration of the Mass. The celebration of the Eucharist is the time and place where we can allow Christ to love us, and we can return His love.

Knowing this, how could anyone stay away?

We are coming off a year and a half of “fasting” from full, personal, and active participation in the Eucharist because of the Covid pandemic precautions. Hence the Lord says again to us, as He did to the Apostles at the Last Supper, “How I have longed to be with you!” And how we priests have longed to be with you also to celebrate together the Lord’s passion, death and resurrection.

I cannot tell you how happy I was to see so many people coming back to Mass for Holy Week and Easter this year, and since the June 15 lifting of most COVID restrictions, for daily and Sunday Masses. I felt like St. Peter at the Transfiguration, when he said, “Lord, it is good for us to be here!”

By participating in the Mass, we can be with Jesus at the moment He lays down His life for His friends. You and I are those friends. Jesus loved His Apostles “to the end” (Jn 13:1), and He will love us “to the end.” When Christ taught “Come to me all you who labor and are burdened, and I will give you rest,” I believe He was encouraging us to come to Him where He is most intensely present, in His own Body and Blood on the altar of sacrifice at every Mass. Maybe that explains the sociologists’ study that found all socio-economic groups of people suffered more anxiety, more stress, and more depression during the pandemic, except one — those who attend church regularly.

When Christ said to the Apostles at the Last Supper, “Do this in memory of me,” He was not only giving a

command to the Apostles to celebrate the Eucharist — He was also inviting all of us, Christian brothers and sisters, to come together at the altar, to listen to Him speaking to us in the Scriptures, and to receive Him inside our bodies and our hearts.

In the documents of the Second Vatican Council, we read that communion with the Body and Blood of Christ changes us into what we receive. We become divinized. St. Thomas Aquinas taught “The proper effect of the Eucharist is the transformation of human beings into God” (Aquinas, Sent. IV, dist. 12, q. 2, a. 1.). Do we realize this?

Our belief in the real presence of Christ in the Eucharist is scriptural. Jesus meant it when He said “This is my body; This is my blood” (Lk 22:19–20; Mt 26:26–28; Mk 14:22–24; 1 Cor. 11:23–25). The Church has always guarded and preserved this teaching faithfully from one generation to the next, despite heresies diluting or even denying the real presence of Christ in Holy Communion.

Jesus Himself taught how important it was to Him that we come to celebrate the Eucharist and receive Him in Holy Communion:

“Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you. Whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the last day. For my flesh is true food, and my blood is true drink. . . . Just as the living Father sent me and I have life because of the Father, so also the one who feeds on me will have life because of me” (Jn 6:53–57).

As Bishop Robert Barron recently wrote, “There is simply, this side of heaven, no more intimate communion possible with the risen Lord.”

So let us come back to Him at Mass in person, joining together as a worshipping community, to be fed with His word in Scripture, and His body and blood in Holy Communion.

Since the Church always has our spiritual health as her primary consideration, I am reinstating the law which was dispensed because of the pandemic. Our solemn obligation to attend Mass on Sundays and Holy Days of Obligation will come back into force in the Diocese of Oakland on Sunday, August 15, 2021, the Solemnity of the Assumption of Our Lady into Heaven¹.

In the Divine Liturgy of the Eastern Catholic Churches, at the sign of peace, each person says to their neighbor, “Christ is among us.” And the response is, “He is and always will be.” Let us come back into His presence “singing for joy” (Psalm 95:2).

¹ While it is true that illness, infirmity or truly serious reasons may impede and therefore always dispense us of our obligation to come to church for Mass, any casual absence from Mass without serious reason carries the burden of a willful sin against God and neighbor and should be brought to Confession before receiving Holy Communion. Long before this pandemic, the Church has always recognized that there are “serious” or “grave” reasons that prevent Catholics

Please Pray For/Oremos Por

Deacon Joe Tovar

Andrea Spindler

Antonio Velasquez

Avelina Sablan Salas

Bartolome Robinos

Bebit Belotendos

Bernadine Benavente

Bev Rossi

Consolacion Borja Muna

Danny Luna, Sr.

Danny Luna, Jr.

Erica Jaranilla

Fatima Matuu

Gay Lacsa

Gloria Ibarra

Grace Bustos

Guadalupe Sanchez

Guillermo Villanueva

Helen Alleman

Heriberto Diaz

Joanne Salas

John Salas

Jose Munoz

Karen Valdez

Lorraine Fallon

Margarita Avalos

Marge Browne

Maria Guadalupe Galvan

Marlene Layden

Mayra Murillo

Michael Makinano, Sr.

Michael Makinano, Jr.

Olga Ramos

Rigoberto Hinojosa

Rocco Vicente Reyes

Rolando Abad

Stella Benitez

Tina Herrera

Tita Lira

Teri Hernandez

Thomas DiGiallonardo

Tony Rodriguez



Our Men and Women of the military services.

Names are removed periodically. If you wish to add a loved one, please call the office at 625-2048.

Sacrament of the Sick

Please notify the parish office of any parishioner who is ill or infirm to request a visit, to receive the Sacrament of Anointing of the Sick or Communion at home, hospital or assisted living facility.

from attending Mass. For example, if a person is sick or homebound, or living/visiting areas of the world where access to the Mass is limited, or a situation arises that prevents travel (snowstorm or flat tire), such persons would not be bound by the obligation. In the case of this pandemic, serious or grave reasons would include:

- Anyone who is sick, symptomatic, or has been recently exposed to the coronavirus. Protecting the health of others is an act of Christian charity and our moral duty to one another.
- Anyone with significant health risk factors that requires them to avoid public spaces, or if you care for someone with significant risk factors.
- Anyone who cannot attend Mass through no fault of their own, for example, a parent caring for a sick child, or if the priest is sick.

FEAST OF FAITH *Invitation to the Eucharistic Prayer*

After the presider washes his hands, he turns to the people and says, “Pray that our sacrifice may be acceptable to God the almighty Father.” We have brought forward bread and wine, and now we are asked to see in these simple gifts upon the altar a sacrifice offered to God. Our response is rich in theological meaning. “May the Lord accept the sacrifice at your hands.” The words point to the unique role of the priest, whose hands, at his ordination, were anointed for just this purpose: that he might “sanctify the Christian people and offer sacrifice to God” (Rite of Ordination). We ask God to accept our sacrifice not because it is worthy of God, but simply “for the praise and glory of his name.” God does not need our offering, but allows us to give it so that we might grow in holiness. And God, never to be outdone in generosity, gives all that we have given back to us, “for our good and the good of all his Church.” This Mass benefits not just those who have gathered, but, in the mysterious economy of grace, the whole Church. In the words of Saint Paul, when one part rejoices, the whole body “share[s] its joy” (1 Corinthians 12:26).

—Corinna Laughlin, Copyright © J. S. Paluch Co.

Rosario Diario

Solamente transmitido en Vivo a las 6:30 pm Lunes, Miércoles, y Viernes—En Inglés. Martes y Sábado—En Español. Jueves—Bilingüe. Domingo—Antes de cada Misa.

Gratis Vacuna Del Covid

La Clínica De La Raza MOBILE TEAM está ofreciendo la VACUNA del COVID (Janssen/J&J) en Oakley. MARTES 1:00-3:00 p.m. 2185 Main Street. Tel: (925) 363-2000. Personas sin cita son bienvenidos.

Clínica Medica Gratuita- The RotaCare Pittsburg

Esta clínica provee servicios a personas sin seguro medico. La clínica es administrada por una asociación entre San Vicente de Paúl de el Condado de Contra Costa y RotaCare Área de la Bahía. Esta localizada en el Centro de Recursos de Familias de San Vicente de Paúl. 2210 Gladstone Drive, Pittsburg, CA (925) 439-5060.

La Conferencia de San Vicente de Paul de San Antonio necesita de su asistencia, le gustaría ser voluntario o donar, comuníquese con la Conferencia de San Vincente de Paul de San Antonio al 925-325-7424. San Antonio de Paul provee servicio de tiempo, talento, y recursos de persona a persona dando varias formas de asistencia entre ellas, comida, ropa, muebles, vivienda, y referencias a agencias profesionales por medio de visitas a su hogar o en la parroquia.

Ayude a embellecer el Santuario con flores

Cada mes habra una lista para inscribirse para donaciones de plantas y flores para decorar nuestro Santuario. Embellecer nuestro lugar Sagrado de Oracion. Llame (925) 625-2048 para mas información.

Dar de Manera Simple

Hay una nueva forma de dar a San Antonio. DAR+ Ya sea que lo haga por Internet o desde su móvil a través de la aplicación, dar es simple. Descargue la aplicación GRATUITA Give + a su teléfono móvil o visite el sitio web de San Antonio stanthonyoakley.com y haga clic en el menú desplegable “About us” donde vera la opción de “Online Giving”. Regístrese y abra su cuenta hoy. Si tiene preguntas, llame a la Oficina de la Iglesia al (925) 625-2048.

FORMED.org St. Anthony es un suscriptor de FORMED.org, un sitio web de fe en línea. Acceda con nuestro Código Parroquial: St. Anthony Oakley

Segunda Colecta

11 de Julio Mantenimiento de Padua Hall
18 de Julio Mantenimiento de terrenos

Apoye a nuestros patrocinadores

Cuyos anuncios hacen posible este boletín.

EL SEÑOR OBISPO INVITA A LOS CATÓLICOS A EL “HOGAR” DE LA EUCARISTÍA

En una carta pastoral con fecha del 29 de junio, la solemnidad de San Pedro y San Pablo, el obispo Barber escribe: “Cuando la gente pregunta: ‘¿Por qué debemos ir a Misa?’, Yo respondo: ‘Porque Jesús te está esperando allí en la Iglesia, y Él quiere estar contigo - ahí mismo - en la Sagrada Eucaristía.’ Se trata de un encuentro personal con Jesús que tenemos como individuos Y como comunidad, en la celebración de la Misa”.

¿CÓMO PODRÍA ALGUIEN PERMANECER ALEJADO? REGRESO A LA EUCARISTÍA

OBISPO MICHAEL C. BARBER, S.J.

29 DE JUNIO DE 2021

“Cómo he anhelado celebrar esta Pascua con ustedes” (Lucas 22:15). Cuando la gente pregunta: “¿Por qué debemos ir a Misa?”, yo respondo: “Porque Jesús te está esperando allí en la Iglesia, y quiere estar contigo -allí mismo- en la Sagrada Eucaristía”. Se trata de un encuentro personal con Jesús que vivimos como individuos Y como una comunidad, en la celebración de la Misa. La celebración de la Eucaristía es el momento y el lugar en el cual podemos permitirle a Cristo que nos ame, y podemos devolverle Su amor.

Sabiendo esto, ¿cómo podría alguien permanecer alejado?

Estamos saliendo de un año y medio de “ayunar” de la participación plena, personal y activa en la Eucaristía, por las precauciones que debimos adoptar por la pandemia de COVID-19. Por eso el Señor nos vuelve a decir, como lo hizo con los apóstoles en la Última Cena: “¿Cuánto he anhelado estar con ustedes!” Y cómo los sacerdotes también hemos anhelado estar con ustedes para conmemorar juntos la pasión, muerte y resurrección del Señor.

No puedo expresarles lo feliz que me sentí al ver a tanta gente regresar a Misa para la Semana Santa y la Pascua de este año, y desde el pasado 15 de junio con el levantamiento de la mayoría de las restricciones de COVID-19, para Misas diarias y dominicales. Me sentí como San Pedro durante la Transfiguración, cuando dijo: “¡Señor, es bueno que nosotros estemos aquí!”.

Al participar en la Misa, podemos estar junto a Jesús en el momento en que Él entrega Su vida por Sus amigos. Tú y yo somos esos amigos. Jesús amó a Sus apóstoles “hasta el fin” (Jn 13, 1), y nos amará “hasta el fin”.

Cuando Cristo enseñó: “Vengan a mí, todos los que están fatigados y agobiados por la carga, y yo les daré alivio”, creo que nos animaba a acercarnos a Él donde está más intensamente presente, en Su propio cuerpo

y sangre en el altar del sacrificio en cada Misa. Quizás eso explique el estudio de los sociólogos que encontró que todos los grupos socioeconómicos de personas sufrieron más ansiedad, más estrés y más depresión durante la pandemia, excepto uno: los que asisten a la iglesia con regularidad.

Cuando Cristo dijo a los apóstoles en la Última Cena “Hagan esto en memoria mía”, no sólo les estaba dando una instrucción a los apóstoles para que celebraran la Eucaristía, sino que también nos invitaba a todos, hermanos y hermanas cristianos a acercarnos juntos al altar, para escucharlo hablar con nosotros de las Escrituras, y recibirlo dentro de nuestro cuerpo y nuestro corazón.

En los documentos del Concilio Vaticano II leemos que la comunión con el Cuerpo y la Sangre de Cristo nos transforma en lo que recibimos. Nos divinizamos. Santo Tomás de Aquino enseñó que “El efecto propio de la Eucaristía es la transformación de los seres humanos en Dios” (Santo Tomás de Aquino, Sent. IV, dist. 12, q. 2, a. I.). ¿Nos damos cuenta de lo que esto significa?

Nuestra creencia en la presencia real de Cristo en la Eucaristía viene de las Escrituras. Jesús afirma Su presencia real al decir: “Éste es mi cuerpo; ésta es mi sangre” (Lc 22: 19-20; Mt 26: 26-28; Mc 14:22-24; 1 Cor. 11: 23-25). La Iglesia siempre ha guardado y preservado fielmente esta enseñanza de una generación a la siguiente, a pesar de que las herejías diluyan o incluso nieguen la presencia real de Cristo en la Sagrada Comunión.

Jesús mismo enseñó lo importante que era para Él que viniéramos a celebrar la Eucaristía y a recibirlo en la Sagrada Comunión:

“Yo les aseguro: Si no comen la carne del Hijo del hombre y no beben su sangre, no podrán tener vida en ustedes. El que come mi carne y bebe mi sangre, tiene vida eterna y yo lo resucitaré el último día. Mi carne es verdadera comida y mi sangre es verdadera bebida. El que come mi carne y bebe mi sangre, permanece en mí y yo en él. Como el Padre, que me ha enviado, posee la vida y yo vivo por él, así también el que me come vivirá por mí.” (Jn 6, 53-57)

Como escribió recientemente el obispo Robert Barron: “Simplemente, desde este lado del cielo, no hay una comunión más íntima posible con el Señor resucitado”.

Así que regresemos a Él en la Misa, en persona, uniéndonos como una comunidad de adoración, para ser alimentados con Su palabra en las escrituras y Su cuerpo y sangre en la Sagrada Comunión.

Dado que la salud espiritual siempre ha sido considerada una prioridad, estoy restableciendo la ley que fue dispensada debido a la pandemia. Nuestra solemne obligación de asistir a Misa los domingos y los días santos de obligación volverá a entrar en vigor en la Diócesis de Oakland a partir

del domingo 15 de agosto de 2021, día en que celebraremos la Solemnidad de la Asunción de Nuestra Señora al Cielo.¹

En la Liturgia Divina de las Iglesias Católicas orientales, en el momento del signo de la paz, cada uno le dice a su prójimo: “Cristo está entre nosotros”. Y la respuesta es: “El está y siempre estará”.

Regresemos a Su presencia con alabanza; Aclamémosle con “cánticos”. (Salmo 95: 2).

¹ Si bien es cierto que una enfermedad, una dolencia o razones verdaderamente graves podrían impedírnos y, por lo tanto, dispensarnos siempre de nuestra obligación de asistir a la Iglesia para participar en la Misa, cualquier ausencia casual de la Misa sin una razón seria lleva la carga de un pecado deliberado contra Dios y el prójimo (y debe ser llevado a la Confesión antes de recibir la Sagrada Comunión). Desde mucho antes de esta pandemia, la Iglesia siempre ha reconocido que existen razones “serias” o “graves” que impiden que los católicos asistan a Misa. Por ejemplo, si una persona está enferma o confinada en su hogar, o vive / visita áreas del mundo donde el acceso a la Misa es limitado, o surge una situación que impide viajar (una tormenta de nieve o una llanta pinchada), dichas personas no estarían sujetas a esta obligación. En el caso de esta pandemia, las razones serias o graves incluirían:

- Cualquiera que esté enfermo, sintomático o haya estado expuesto recientemente al coronavirus. Proteger la salud de los demás es un acto de caridad cristiana y un deber moral entre nosotros.
- Cualquier persona con factores de riesgo importantes para la salud que le obliguen a evitar los espacios públicos, o si cuida a alguien con factores de riesgo significativos.
- Cualquiera que no pueda asistir a Misa por causas ajenas a su voluntad, por ejemplo, un padre que cuida a un niño enfermo o si el sacerdote está enfermo.

Restauración de la obligación de asistir a misa

El levantamiento de la dispensa de la obligación de asistir a la Misa dominical entrará en vigor el domingo 15 de agosto, el día en que celebramos la Solemnidad de la Asunción. Las dispensas habituales permitidas por el derecho canónico se explicarán en la carta del obispo y será el primer día que ya no tendremos las Misas de afuera, ni la transmisión en vivo y tampoco la distribución de la Sagrada Comunión fuera de Misa.

FIESTA DE LA FE El dinero y otros dones

Durante la presentación de las ofrendas, junto con el pan y el vino se trae la colecta. El pan y el vino se llevan al altar y el dinero se queda en un lugar apropiado. San Justino, en el siglo II, nos recuerda que al reunirnos a celebrar la Eucaristía no podemos “dejar de pensar en los pobres y necesitados”; este mismo dinero se da para “los pobres o para la Iglesia” y “se considera también como dones” (IGMR, 73). El dinero como don, no es sucio y tiene mucho sentido compartirlo. No hay que compartir lo que sobra, eso es limosna; la caridad como una corresponsabilidad por el pobre y por las necesidades de la Iglesia, sale desde el corazón. Damos a la Iglesia y a los pobres de lo que tenemos para vivir. Lo damos como agradecimiento por lo que hemos recibido. No damos limosna al pobre para desentendernos de él, de sus necesidades y luchas; vivimos la caridad con él o ella como hermano que es, damos desde el corazón interesándonos por su calidad de vida, por su necesidad humana inmediata. Vivimos la caridad desde la compasión, no desde la lástima como se hace con la limosna. Dar limosna empobrece; vivir la caridad enriquece, porque sale desde el corazón y, como la viuda del Evangelio, damos cuanto tenemos para vivir.

—Miguel Arias, Copyright © J. S. Paluch Co.

NOW ENROLLING



HOLY ROSARY SCHOOL, ANTIOCH

- Preschool to 8th grade
- WCEA Accredited
- Credentialed Teachers
- Before & Afterschool Care
- Tuition assistance Programs

Give us a call 925-757-1270
www.holyrosarycatholic
school.org

**Get this
weekly bulletin
delivered by
email - for FREE!**



Sign up here:

www.jspaluch.com/subscribe

Courtesy of J.S. Paluch Company, Inc.



**See
Your Ad
in COLOR**

Call J.S. Paluch Today!
1.800.231.0805

SAND CREEK DENTAL CARE



JHOANNA F. G. TUAZON, D.M.D.

240-8210

2540 Sand Creek Rd., Ste A-4

Brentwood

Tagalog Spoken and
Se Habla Español

ONE PARISH

Grow in your faith,
find a Mass, and
connect with your
Catholic Community
with OneParish!



Download Our Free App or Visit
www.MY.ONEPARISH.com

If You Live Alone You Need MDMedAlert!

24 Hour Protection at HOME and AWAY!

- ✓ Ambulance Solutions as Low as **\$19.95** a month
- ✓ Police ✓ Fire
- ✓ Friends/Family **FREE Shipping**
- FREE Activation**
- NO Long Term Contracts**



CALL NOW! 800.809.3352



GPS Tracking w/Fall Detection
Nationwide, No Land Line Needed
EASY Set-up, NO Contract
24/7 365 Monitoring in the USA

This Button SAVES Lives!
As Shown GPS,
Lowest Price Guaranteed!

FINDaPARISH.com

Check It Out Today!

**The Most Complete
Online National
Directory of
Catholic Parishes**

**catholicmatch[®]
California**



CatholicMatch.com/myCA



TED CURRAN



Hablamos
Español

8130 Brentwood Blvd.

- Oil Changes • Tune Ups
- Engine Repair & Replacement
- Computer Diagnostics • Brake Repair
- Preventative Maintenance Inspections
- Factory Scheduled Maintenance 30K, 60K, 90K
- & Many More Services

www.MonkeyAuto.com

925.634.4145

Grow Your Business, Advertise Here.

Support Your Church & Bulletin.

Free professional ad design & my help!

email: RushT@jspaluch.com

www.jspaluch.com



Call Traci Rush

925.239.1401



**Catholic Cruises and Tours and The Apostleship
of the Sea of the United States of America**

Catholic Cruises/Tours to Worldwide Destinations

Call us today at 860-399-1785 or email

eileen@CatholicCruisesandTours.com

www.CatholicCruisesandTours.com

**Protecting Seniors
Nationwide**

Medical Alert System



\$29.95/Mo. billed quarterly

- One Free Month
- No Long-Term Contract
- Price Guarantee
- Easy Self Installation



Call Today! Toll Free 1.877.801.8608



Mt. Diablo Recycling

Proud to be part
of your community.

www.Garaventaent.com

reduce • reuse • recycle • respect • recover

A Garaventa Company

513389 St Anthony Church

www.jspaluch.com

For Ads: J.S. Paluch Co., Inc. 1-800-675-5051